**Psalm 28 English Standard Version (ESV)**

Of David.

1 To you, O Lord, I call;  
    my rock, be not deaf to me,  
lest, if you be silent to me,  
    I become like those who go down to the pit.  
2Hear the voice of my pleas for mercy,  
    when I cry to you for help,  
when I lift up my hands  
    toward your most holy sanctuary.

3Do not drag me off with the wicked,  
    with the workers of evil,  
who speak peace with their neighbors  
    while evil is in their hearts.  
4Give to them according to their work  
    and according to the evil of their deeds;  
give to them according to the work of their hands;  
    render them their due reward.  
5Because they do not regard the works of the Lord  
    or the work of his hands,  
he will tear them down and build them up no more.

6Blessed be the Lord!  
    For he has heard the voice of my pleas for mercy.  
7The Lord is my strength and my shield;  
    in him my heart trusts, and I am helped;  
my heart exults,  
    and with my song I give thanks to him.

8The Lord is the strength of his people;  
    he is the saving refuge of his anointed.  
9 Oh, save your people and bless your heritage!  
    Be their shepherd and carry them forever.

**“The Lord is My Strength and My Shield”**

Psalm 28

August 11, 2019

**In times of threat and trouble, the Lord’s protective presence**

**makes us confident.**

1. Plea (1–2)

*I call, Be not deaf, Hear*

**Psalm 18:1–3** I love you, O Lord, my strength.  
**2**The Lord is my rock and my fortress and my deliverer,  
    my God, my rock, in whom I take refuge,  
    my shield, and the horn of my salvation, my stronghold.  
**3**I call upon the Lord, who is worthy to be praised,  
    and I am saved from my enemies.

2. Protection (3–5)

*Do not drag me off with the wicked, Give to them according to their work*

3. Presence (6–9)

*He has heard; The Lord is my Strength, Shield, Strength, Saving Refuge, Shepherd*

**Psalm 46:1–3** God is our refuge and strength,  
    a very present help in trouble.  
**2**Therefore we will not fear though the earth gives way,  
    though the mountains be moved into the heart of the sea,  
**3**though its waters roar and foam,  
    though the mountains tremble at its swelling.

**Richard Sibbes** “*Often think with yourself, What am I? a poor sinful creature; but I have a righteousness in Christ that answers all. I am weak in myself, but Christ is strong, and I am strong in him. I am foolish in myself, but I am wise in him. What I lack in myself I have in him. He is mine, and his righteousness is mine, which is the righteousness of God-man. Being clothed with this, I stand safe against conscience, hell, wrath, and whatsoever. Though I have daily experience of my sins, yet there is more righteousness in Christ…than there is sin in me*.”